



Sky's The Limit Studio, LLC specializes in art therapy for children with special needs and their families.

"We are so grateful to Nicole. She knew just how to help our daughter feel comfortable, so that she felt safe as she learned how to better express her emotions and thoughts. Over time we saw our daughter relax and become more confident, more comfortable sharing her true feelings in word and through her own art."

-- Parent, Overland Park, KS

"Art therapy has been a really fun, highly motivating method of getting my son to "work" on his fine motor skills. It has made such a big difference, not only in his skill level, but also in his willingness and motivation to do fine motor tasks!"

-- Parent, Lawrence, KS

"With the artistic ability my son gained through his art therapy sessions came more self-awareness, self-confidence and a better handle on his emotions."

-- Parent, Overland Park, KS

"I love that the topic of art (which he dearly loves and feels empowered doing) is together with social skills training. The motivation is outstanding for him and there is none of the home anxiety that he has had in the past when he had to be in classroom or group settings."

-- Parent, Overland Park, KS



**Nicole Martin, ATR**, a registered art therapist and artist living in Lawrence, KS founded Sky's The Limit in 2007. As the big sister of a brother with autism she is dedicated to improving public awareness of the power of creative arts therapies for children with special needs. STL's treatment model is a synthesis of her experience working in developmental/behavioral art therapy ('05-present), applied behavioral analysis ('00-06), licensed professional counseling ('05-11), and recreational arts and disabilities programs. She is the author of *Art as an Early Intervention Tool for Children with Autism* (2009) and various articles and received her master's degree in art therapy from the School of the Art Institute of Chicago. Her website is [arttherapyandautism.com](http://arttherapyandautism.com).



(785) 424-0739

[arttherapyandautism@yahoo.com](mailto:arttherapyandautism@yahoo.com)  
[arttherapyandautism.com](http://arttherapyandautism.com)

Have you heard about...



# SECOND SATURDAYS!

AT



????

ART THERAPY FOR CHILDREN WITH SPECIAL NEEDS



(785) 424-0739



## WHO STL SERVES

-Children with special needs, including but not limited to autism spectrum disorders, Down Syndrome, learning disabilities, sensory or communication disabilities, or significant illness/medical condition

-Ages served:

Early intervention/preschool (2 ½-5 yrs)

School age (6-12 yrs)

Teens/young adults (13 yrs and up)

-Art therapy sessions for siblings struggling with their sib's diagnosis are available

## SERVICES

Individual art therapy session.....\$75/hr

*Includes treatment planning*

Art-based socialization group.....\$30/hr  
(Max. 3 children; call to inquire)

Consultation.....\$50/hr

ATR supervision.....\$50/hr

Training.....\$50/hr  
(of paraprofessionals or family members)

Art tutoring.....\$50/hr  
(adaptive art education/mentoring, *not* therapy)

*Initial consultations are always free*

## LOCATION AND APPOINTMENTS

Services are provided on the second Saturday of every month at Nicole's home studio in Lawrence, KS. All appointments must be confirmed by noon of the prior Friday.

Any appointments outside of this time frame and location are decided on a case-by-case basis.

*Call or email to schedule a free initial consultation and get directions.*

**(785) 424-0739**

**arttherapyandautism@yahoo.com**

## COMMON ART THERAPY GOALS

- Improve fine motor skills
- Pursue age-appropriate art skills
- Enjoy success with adaptive art tasks
- Use art to improve communication & socialization
- Work on imagination and play skills
- Tap creative potential
- Relieve stress
- Make difficult concepts visual
- Express thoughts and feelings
- Improve tactile avoidance and move past scribbling
- Enhanced quality of life and self-esteem

*Creative arts therapies are a fantastic option for kids who are otherwise difficult to engage or struggle to express themselves.*



*Our sunny, comfy art therapy studio in Lawrence*

## WHAT ART MATERIALS DO YOU USE?

Painting, printmaking, clay sculpture, puppetry, finger painting, ink drawing, cartooning, murals, bookmaking, etc.....the only limitation is personal safety. (This is how "Sky's The Limit" got its name.)

## NOTES

-Nicole is happy to consult with your child's treatment team, psychologist, occupational therapist, teacher, etc. with your consent.  
-STL cannot accept insurance; if needed, perhaps consider looking into pre-tax savings vehicles and/or inquiring at your local CDDO or relevant charities about possible grant sources.



## NOTE TO ORGANIZATIONS

*Contact Nicole if you are an organization that would like to discuss collaboration! STL is happy to come to your site and expand your programming options, provide something special for your client families, or pursue grant funding together.*

*STL has provided programming or training at Children's Therapy Group (Overland Park, KS), Easter Seals Capper Foundation (Topeka, KS), The Nelson Atkins Museum of Art (Kansas City, MO), Head Start/ECKAN (Ottawa, KS), The Autism Society of the Heartland (Kansas City, MO), and more.*